

SEM BARAJ MÜSABAKASI
TRABZON, 24. - 25.7.2026

Yarış 25
25.07.2026

Bayanlar, 400m Serbest

Açık
Sonuçlar

Puanlar: AQUA 2026

Sıra	YB	ZamāDerece	100m	200m	300m	400m
1. Başak Su DÜLEK	11	Erzincan Gençlik Spor Kulü5:05.90 448	1:11.21	1:18.14	1:19.66	1:16.89
50m: 33.97	33.97	150m: 1:50.43 39.22	39.91	350m: 4:28.48	39.47	
100m: 1:11.21	37.24	200m: 2:29.35 38.92	39.75	400m: 5:05.90	37.42	
2. Eylül UYGUR	14	Tswim Spor Kulübü 5:37.88 332	1:17.35	1:26.23	1:27.37	1:26.93
50m: 36.69	36.69	150m: 2:00.44 43.09	43.92	350m: 4:55.13	44.18	
100m: 1:17.35	40.66	200m: 2:43.58 43.14	43.45	400m: 5:37.88	42.75	
3. Defne Sare KOLTUK	15	Trabzon Arena Spor Kulübü5:44.81 313	1:20.97	1:29.44	1:29.30	1:25.10
50m: 38.01	38.01	150m: 2:05.88 44.91	45.06	350m: 5:03.29	43.58	
100m: 1:20.97	42.96	200m: 2:50.41 44.53	44.24	400m: 5:44.81	41.52	
4. Elif Hande ARAS	14	Trabzon Ortahisar Belediye6:01.96 270	1:24.60	1:32.12	1:33.67	1:31.57
50m: 39.93	39.93	150m: 2:11.01 46.41	46.41	350m: 5:17.32	46.93	
100m: 1:24.60	44.67	200m: 2:56.72 45.71	47.26	400m: 6:01.96	44.64	
5. Evrim Ela KÖSE	15	Vira Spor Kulübü 6:16.45 240	1:27.83	1:38.74	1:35.58	1:34.30
50m:		150m:		350m:		
100m: 1:27.83		200m: 3:06.57		400m: 6:16.45		
6. Elif Rana BULAK	14	Vira Spor Kulübü 6:20.29 233	1:28.42	1:37.81	1:39.16	1:34.90
50m: 40.60	40.60	150m: 2:17.60 49.18	49.50	350m: 5:34.37	48.98	
100m: 1:28.42	47.82	200m: 3:06.23 48.63	49.66	400m: 6:20.29	45.92	
7. Yağmur AYDİN	14	Vira Spor Kulübü 7:33.43 137	1:43.86	1:57.32	1:55.89	1:56.36
50m: 48.39	48.39	150m: 2:42.80 58.94	59.04	350m: 6:36.78	59.71	
100m: 1:43.86	55.47	200m: 3:41.18 58.38	56.85	400m: 7:33.43	56.65	