

12+ YA M LL TAKIM SEÇME VE TÜRK YE KISA KULVAR AMP YONASI BARAJ MÜSABAKASI
TRABZON, 6. - 7.12.2025

Yarı 21
7.12.2025

Bayanlar, 400m Serbest

Açık
Sonuçlar

Puanlar: AQUA 2024

Sıra	YB	ZamãDerece	100m	200m	300m	400m
1.	Efsun Deva B BERO LU 13	Pazar Gençlik Ve Spor Kulübü5:08.15 445	1:11.76	1:19.81	1:19.63	1:16.95
	50m: 33.64 33.64	150m: 1:50.92 39.16	39.87	350m: 4:30.97	39.77	
	100m: 1:11.76 38.12	200m: 2:31.57 40.65	39.76	400m: 5:08.15	37.18	
2.	Ya mur Deren B R NC 13	Trabzon İhtisas Spor Kulübü5:18.01 405	1:12.69	1:22.80	1:22.74	1:19.78
	50m: 34.32 34.32	150m: 1:53.91 41.22	41.44	350m: 4:39.06	40.83	
	100m: 1:12.69 38.37	200m: 2:35.49 41.58	41.30	400m: 5:18.01	38.95	
3.	Esra Elvin YILMAZ 12	Trabzon Ye ilova Spor Kulübü5:25.16 379	1:17.13	1:23.24	1:23.84	1:20.95
	50m: 37.09 37.09	150m: 1:58.94 41.81	42.29	350m: 4:45.59	41.38	
	100m: 1:17.13 40.04	200m: 2:40.37 41.43	41.55	400m: 5:25.16	39.57	
4.	Ya mur ÇABUK 13	Trabzon İhtisas Spor Kulübü5:37.78 338	1:19.73	1:27.47	1:26.85	1:23.73
	50m: 38.63 38.63	150m: 2:02.88 43.15	44.17	350m: 4:57.33	43.28	
	100m: 1:19.73 41.10	200m: 2:47.20 44.32	42.68	400m: 5:37.78	40.45	