

12+ YA M LL TAKIM SEÇME VE TÜRK YE KISA KULVAR AMP YONASI BARAJ MÜSABAKASI
TRABZON, 6. - 7.12.2025

Event 21
7.12.2025

Women, 400m Freestyle

Open
Results

Points: AQUA 2024

Rank	YB	Time	Pts	100m	200m	300m	400m	
1.	Efsun Deva B BEROGLU 13	Pazar Genclik Ve Spor Kulu	5:08.15	445	1:11.76	1:19.81	1:19.63	1:16.95
	50m: 33.64 33.64	150m: 1:50.92 39.16	250m: 3:11.44	39.87	350m: 4:30.97	39.77		
	100m: 1:11.76 38.12	200m: 2:31.57 40.65	300m: 3:51.20	39.76	400m: 5:08.15	37.18		
2.	Yagmur Deren B R NC 13	Trabzon İhtisas Spor Kulubu	5:18.01	405	1:12.69	1:22.80	1:22.74	1:19.78
	50m: 34.32 34.32	150m: 1:53.91 41.22	250m: 3:16.93	41.44	350m: 4:39.06	40.83		
	100m: 1:12.69 38.37	200m: 2:35.49 41.58	300m: 3:58.23	41.30	400m: 5:18.01	38.95		
3.	Esra Elvin Y LMAZ 12	Trabzon Yesilova Spor Kulu	5:25.16	379	1:17.13	1:23.24	1:23.84	1:20.95
	50m: 37.09 37.09	150m: 1:58.94 41.81	250m: 3:22.66	42.29	350m: 4:45.59	41.38		
	100m: 1:17.13 40.04	200m: 2:40.37 41.43	300m: 4:04.21	41.55	400m: 5:25.16	39.57		
4.	Yagmur CABUK 13	Trabzon İhtisas Spor Kulubu	5:37.78	338	1:19.73	1:27.47	1:26.85	1:23.73
	50m: 38.63 38.63	150m: 2:02.88 43.15	250m: 3:31.37	44.17	350m: 4:57.33	43.28		
	100m: 1:19.73 41.10	200m: 2:47.20 44.32	300m: 4:14.05	42.68	400m: 5:37.78	40.45		