

10+ YA BARAJ GEÇME MÜSABAKASI  
TRABZON, 4. - 5.4.2026

Yarı 25  
5.04.2026 - 12:05

Bayanlar, 400m Serbest

10 ya ve büyükler  
Sonuçlar

Puanlar: AQUA 2025

Sıra	YB	Zamane	Derece	100m	200m	300m	400m		
1.	Nisa Nur ILYAN	14	Trabzon Büyük ehir Belediyesi	<b>5:12.40</b>	427	1:14.22	1:20.60	1:20.84	1:16.74
	50m: 35.05	35.05	150m: 1:55.09	40.87	250m: 3:15.92	41.10	350m: 4:35.27	39.61	
	100m: 1:14.22	39.17	200m: 2:34.82	39.73	300m: 3:55.66	39.74	400m: 5:12.40	37.13	
2.	Dilara KAZANCIO LU	13	Tswim Spor Kulübü	<b>5:14.53</b>	419	1:13.01	1:20.12	1:21.46	1:19.94
	50m: 34.48	34.48	150m: 1:53.45	40.44	250m: 3:14.53	41.40	350m: 4:35.92	41.33	
	100m: 1:13.01	38.53	200m: 2:33.13	39.68	300m: 3:54.59	40.06	400m: 5:14.53	38.61	
3.	Asel Bu çe YILMAZEL	14	Trabzon Okyanus Spor Kulübü	<b>5:17.38</b>	407	1:16.67	1:21.55	1:19.90	1:19.26
	50m: 36.85	36.85	150m: 1:57.99	41.32	250m: 3:18.42	40.20	350m: 4:38.57	40.45	
	100m: 1:16.67	39.82	200m: 2:36.22	40.23	300m: 3:58.12	39.70	400m: 5:17.38	38.81	
4.	Ela ıra KUVVET	14	Trabzon Büyük ehir Belediyesi	<b>5:24.09</b>	383	1:16.22	1:23.43	1:24.25	1:20.19
	50m: 36.48	36.48	150m: 1:58.42	42.20	250m: 3:22.80	43.15	350m: 4:45.35	41.45	
	100m: 1:16.22	39.74	200m: 2:39.65	41.23	300m: 4:03.90	41.10	400m: 5:24.09	38.74	
5.	Esra Elvin YILMAZ	12	Trabzon Ye ilova Spor Kulübü	<b>5:24.62</b>	381	1:14.83	1:23.13	1:24.92	1:21.74
	50m: 35.78	35.78	150m: 1:56.17	41.34	250m: 3:20.75	42.79	350m: 4:45.36	42.48	
	100m: 1:14.83	39.05	200m: 2:37.96	41.79	300m: 4:02.88	42.13	400m: 5:24.62	39.26	
6.	Begüm SA LAM	14	Karayolları Spor Kulübü	<b>5:27.62</b>	370	1:19.40	1:23.15	1:23.29	1:21.78
	50m: 37.73	37.73	150m: 2:00.75	41.35	250m: 3:24.12	41.57	350m: 4:47.90	42.06	
	100m: 1:19.40	41.67	200m: 2:42.55	41.80	300m: 4:05.84	41.72	400m: 5:27.62	39.72	
7.	Adasu VAM N	15	Trabzon İhtisas Spor Kulübü	<b>5:31.46</b>	358	1:19.19	1:24.98	1:25.91	1:21.38
	50m: 38.59	38.59	150m: 2:02.52	43.33	250m: 3:27.44	43.27	350m: 4:51.74	41.66	
	100m: 1:19.19	40.60	200m: 2:44.17	41.65	300m: 4:10.08	42.64	400m: 5:31.46	39.72	
8.	Asel TERZ	13	Trabzon Arena Spor Kulübü	<b>5:42.43</b>	324	1:20.51	1:27.33	1:29.26	1:25.33
	50m: 37.91	37.91	150m: 2:04.22	43.71	250m: 3:32.70	44.86	350m: 5:01.22	44.12	
	100m: 1:20.51	42.60	200m: 2:47.84	43.62	300m: 4:17.10	44.40	400m: 5:42.43	41.21	
9.	Duru AKTÜRK	15	Trabzon Arena Spor Kulübü	<b>5:44.47</b>	319	1:20.47	1:27.76	1:29.17	1:27.07
	50m: 38.25	38.25	150m: 2:04.13	43.66	250m: 3:33.38	45.15	350m: 5:02.40	45.00	
	100m: 1:20.47	42.22	200m: 2:48.23	44.10	300m: 4:17.40	44.02	400m: 5:44.47	42.07	
10.	Mina ÖKSÜZ	14	Trabzon Ye ilova Spor Kulübü	<b>5:50.29</b>	303	1:21.83	1:30.30	1:31.01	1:27.15
	50m: 39.07	39.07	150m: 2:06.62	44.79	250m: 3:37.70	45.57	350m: 5:08.23	45.09	
	100m: 1:21.83	42.76	200m: 2:52.13	45.51	300m: 4:23.14	45.44	400m: 5:50.29	42.06	
11.	Melis BA AR	16	Trabzon İhtisas Spor Kulübü	<b>5:52.72</b>	297	1:26.54	1:30.84	1:29.82	1:25.52
	50m: 42.26	42.26	150m: 2:11.83	45.29	250m: 3:42.84	45.46	350m: 5:11.33	44.13	
	100m: 1:26.54	44.28	200m: 2:57.38	45.55	300m: 4:27.20	44.36	400m: 5:52.72	41.39	
12.	Defne Sare KOLTUK	15	Trabzon Arena Spor Kulübü	<b>5:55.72</b>	289	1:25.07	1:30.81	1:31.80	1:28.04
	50m: 39.05	39.05	150m: 2:10.54	45.47	250m: 3:42.43	46.55	350m: 5:13.03	45.35	
	100m: 1:25.07	46.02	200m: 2:55.88	45.34	300m: 4:27.68	45.25	400m: 5:55.72	42.69	
13.	Beril Su BÜYÜKBA	13	Trabzon İhtisas Spor Kulübü	<b>5:59.19</b>	281	1:19.54	1:31.37	1:33.98	1:34.30
	50m: 36.99	36.99	150m: 2:04.91	45.37	250m: 3:38.85	47.94	350m: 5:13.84	48.95	
	100m: 1:19.54	42.55	200m: 2:50.91	46.00	300m: 4:24.89	46.04	400m: 5:59.19	45.35	
14.	Belinay AKSOY	14	Trabzon İhtisas Spor Kulübü	<b>6:04.34</b>	269	1:26.18	1:31.74	1:33.78	1:32.64
	50m: 41.21	41.21	150m: 2:12.81	46.63	250m: 3:44.00	46.08	350m: 5:19.74	48.04	
	100m: 1:26.18	44.97	200m: 2:57.92	45.11	300m: 4:31.70	47.70	400m: 6:04.34	44.60	
15.	Su KIRANO LU	15	Trabzon İhtisas Spor Kulübü	<b>6:06.90</b>	264	1:29.20	1:35.91	1:31.57	1:30.22
	50m: 41.76	41.76	150m: 2:17.86	48.66	250m: 3:50.58	45.47	350m: 5:24.50	47.82	
	100m: 1:29.20	47.44	200m: 3:05.11	47.25	300m: 4:36.68	46.10	400m: 6:06.90	42.40	
16.	Mina ÇAKIR	15	Karayolları Spor Kulübü	<b>6:11.35</b>	254	1:29.56	1:35.80	1:35.56	1:30.43
	50m: 42.93	42.93	150m: 2:17.15	47.59	250m: 3:52.36	47.00	350m: 5:27.73	46.81	
	100m: 1:29.56	46.63	200m: 3:05.36	48.21	300m: 4:40.92	48.56	400m: 6:11.35	43.62	
17.	Zulal OKUMU	14	Trabzon İhtisas Spor Kulübü	<b>6:16.86</b>	243	1:27.97	1:36.99	1:38.32	1:33.58
	50m: 41.35	41.35	150m: 2:16.53	48.56	250m: 3:53.75	48.79	350m: 5:31.01	47.73	
	100m: 1:27.97	46.62	200m: 3:04.96	48.43	300m: 4:43.28	49.53	400m: 6:16.86	45.85	
18.	Elis Kevser ÇANAQPINAR	16	Trabzon Ye ilova Spor Kulübü	<b>6:20.68</b>	236				
	50m:		150m:		250m:		350m:		
	100m:		200m:		300m:		400m:	6:20.68	
19.	Elif Hande ARAS	14	Trabzon Ortahisar Belediye	<b>6:21.42</b>	235	1:31.23	1:37.37	1:40.48	1:32.34
	50m: 42.20	42.20	150m: 2:20.41	49.18	250m: 3:59.58	50.98	350m: 5:37.67	48.59	
	100m: 1:31.23	49.03	200m: 3:08.60	48.19	300m: 4:49.08	49.50	400m: 6:21.42	43.75	

10+ YA BARAJ GEÇME MÜSABAKASI  
TRABZON, 4. - 5.4.2026

Yarı 25, Bayanlar, 400m Serbest, 10 ya ve büyükler

Sıra	YB	ZamãDerece	100m	200m	300m	400m
20.	Ay e Hafsa SOYÇ ÇEK 15	Trabzon Arena Spor Kulübü <b>6:23.47</b> 231	1:26.26	1:40.47	1:40.68	1:36.06
	50m: 38.74 38.74	150m: 2:16.14 49.88	250m: 3:56.69	49.96 350m: 5:37.87	50.46	
	100m: 1:26.26 47.52	200m: 3:06.73 50.59	300m: 4:47.41	50.72 400m: 6:23.47	45.60	
21.	Nalan AYDIN 13	Trabzon İhtisas Spor Kulübü <b>6:26.18</b> 226	1:24.99	1:42.03	1:44.56	1:34.60
	50m: 39.14 39.14	150m: 2:15.21 50.22	250m: 3:59.63	52.61 350m:	5:47.58	51.66
	100m: 1:24.99 45.85	200m: 3:07.02 51.81	300m: 4:51.58	51.95 400m: 6:26.18		
22.	İpek GÜR 16	Trabzon İhtisas Spor Kulübü <b>6:27.36</b> 224	1:32.75	1:39.32	1:41.40	1:33.89
	50m: 45.29 45.29	150m: 2:23.04 50.29	250m: 4:04.43	52.36 350m: 5:44.51	51.04	
	100m: 1:32.75 47.46	200m: 3:12.07 49.03	300m: 4:53.47	49.04 400m: 6:27.36	42.85	
23.	Derin AKBULUT 14	Trabzon Arena Spor Kulübü <b>6:34.61</b> 212	1:31.92	1:41.65	1:42.35	1:38.69
	50m: 41.49 41.49	150m: 2:22.38 50.46	250m: 4:04.79	51.22 350m: 5:47.58	51.66	
	100m: 1:31.92 50.43	200m: 3:13.57 51.19	300m: 4:55.92	51.13 400m: 6:34.61	47.03	
24.	Bilge Duru GÜNGÖR 16	Trabzon İhtisas Spor Kulübü <b>6:35.70</b> 210	1:32.56	1:41.33	1:41.57	1:40.24
	50m: 43.22 43.22	150m: 2:23.79 51.23	250m: 4:05.43	51.54 350m: 5:47.06	51.60	
	100m: 1:32.56 49.34	200m: 3:13.89 50.10	300m: 4:55.46	50.03 400m: 6:35.70	48.64	
25.	İpeknur TAYAR 15	Trabzon Okyanus Spor Kulübü <b>6:40.75</b> 202	1:29.43	1:44.80	1:45.43	1:41.09
	50m: 39.97 39.97	150m: 2:22.73 53.30	250m: 4:07.80	53.57 350m: 5:52.30	52.64	
	100m: 1:29.43 49.46	200m: 3:14.23 51.50	300m: 4:59.66	51.86 400m: 6:40.75	48.45	
26.	Aybüke Sare GÜNGÖR 13	Trabzon İhtisas Spor Kulübü <b>6:47.09</b> 193				
	50m:	150m:	250m:	350m:		
	100m:	200m:	300m:	400m: 6:47.09		
27.	Yade Rena AYDIN 16	Trabzon İhtisas Spor Kulübü <b>6:50.56</b> 188	1:38.70	1:45.65	1:45.39	1:40.82
	50m: 46.39 46.39	150m: 2:31.94 53.24	250m: 4:16.96	52.61 350m: 6:02.56	52.82	
	100m: 1:38.70 52.31	200m: 3:24.35 52.41	300m: 5:09.74	52.78 400m: 6:50.56	48.00	
28.	Do a AFFAK 15	Coachaktan <b>6:50.79</b> 188	1:34.47	1:44.49	1:47.41	1:44.42
	50m: 44.09 44.09	150m: 2:26.86 52.39	250m: 4:13.32	54.36 350m: 6:00.27	53.90	
	100m: 1:34.47 50.38	200m: 3:18.96 52.10	300m: 5:06.37	53.05 400m: 6:50.79	50.52	
29.	Zeynep Berra AH NO LL14	Trabzon Arena Spor Kulübü <b>6:52.41</b> 185	1:38.11	1:46.83	1:47.34	1:40.13
	50m: 45.69 45.69	150m: 2:30.72 52.61	250m: 4:19.09	54.15 350m: 6:06.04	53.76	
	100m: 1:38.11 52.42	200m: 3:24.94 54.22	300m: 5:12.28	53.19 400m: 6:52.41	46.37	
30.	Fatıma Eylül GEDÜK 14	Trabzon İhtisas Spor Kulübü <b>6:52.71</b> 185	1:36.97	1:44.24	1:47.38	1:44.12
	50m: 44.62 44.62	150m: 2:28.70 51.73	250m: 4:15.89	54.68 350m: 6:02.54	53.95	
	100m: 1:36.97 52.35	200m: 3:21.21 52.51	300m: 5:08.59	52.70 400m: 6:52.71	50.17	
31.	Nisanur GÜLGÖR 14	Trabzon İhtisas Spor Kulübü <b>6:58.28</b> 178				
	50m:	150m:	250m:	350m:		
	100m:	200m:	300m:	400m: 6:58.28		
32.	Ravza ENTÜRK 15	Trabzon İhtisas Spor Kulübü <b>6:58.65</b> 177	1:36.33	1:47.06	1:49.50	1:45.76
	50m: 45.71 45.71	150m: 2:30.13 53.80	250m: 4:17.96	54.57 350m: 6:07.35	54.46	
	100m: 1:36.33 50.62	200m: 3:23.39 53.26	300m: 5:12.89	54.93 400m: 6:58.65	51.30	
33.	Beren ÖZBAYRAK 15	Trabzon Ortahisar Belediye <b>7:16.96</b> 156	1:40.73	1:53.83	1:51.59	1:50.81
	50m: 44.81 44.81	150m: 2:38.32 57.59	250m: 4:30.23	55.67 350m: 6:23.02	56.87	
	100m: 1:40.73 55.92	200m: 3:34.56 56.24	300m: 5:26.15	55.92 400m: 7:16.96	53.94	
34.	Betül Beril EROL 15	Trabzon Do a Spor Kulübü <b>7:21.74</b> 151				
	50m:	150m:	250m:	350m:		
	100m:	200m:	300m:	400m: 7:21.74		
35.	Nehir ERBA ARAN 16	Trabzon İhtisas Spor Kulübü <b>7:56.41</b> 120	1:49.81	2:04.21	2:03.11	1:59.28
	50m: 50.50 50.50	150m: 2:52.55 1:02.74	250m: 4:54.63	1:00.61 350m: 6:58.18	1:01.05	
	100m: 1:49.81 59.31	200m: 3:54.02 1:01.47	300m: 5:57.13	1:02.50 400m: 7:56.41	58.23	