

15 TEMMUZ DEMOKRAS VE M LL B RL K GÜNÜ YARI LARI SEM-TOHM SEÇME MÜSABAKAS
TRABZON, 12. - 13.7.2024

Yarı 15
12.07.2024

Bayanlar, 400m Serbest

10 ya ve büyükler
Sonuçlar

Puanlar: FINA 2022

Sıra	YB	ZamãDerece	100m	200m	300m	400m	
1. Beren R ZEL	11	Tswim Spor Kulübü	4:50.08 541	1:04.62	1:15.46	1:16.71	1:13.29
50m:		150m:	250m:	350m:			
100m: 1:04.62		200m: 2:20.08	300m: 3:36.79	400m: 4:50.08			
2. Aylin Rana YAVUZ	11	Tswim Spor Kulübü	4:58.06 499	1:09.40	1:16.69	1:17.20	1:14.77
50m: 32.93	32.93	150m: 1:48.30	250m: 3:04.54	350m: 4:21.36	38.07		
100m: 1:09.40	36.47	200m: 2:26.09	300m: 3:43.29	38.75	400m: 4:58.06	36.70	
3. Elifnaz HACISAL HO	LU 11	Trabzon Ye ilova Spor	5:09.48 446	1:09.37	1:18.15	1:21.19	1:20.77
50m: 32.40	32.40	150m: 1:48.07	250m: 3:07.90	350m: 4:30.14	41.43		
100m: 1:09.37	36.97	200m: 2:27.52	300m: 3:48.71	40.81	400m: 5:09.48	39.34	
4. Ahenk MAN	12	Trabzon Arena Yüzme Kulübü	5:18.08 410	1:16.07	1:21.09	1:22.50	1:18.42
50m: 36.48	36.48	150m: 1:56.77	250m: 3:18.48	350m: 4:40.46	40.80		
100m: 1:16.07	39.59	200m: 2:37.16	300m: 3:59.66	41.18	400m: 5:18.08	37.62	
5. Esra Elvin YILMAZ	12	Trabzon Ye ilova Spor	5:50.42 307	1:22.97	1:30.98	1:29.87	1:26.60
50m: 39.38	39.38	150m: 2:08.30	250m: 3:38.47	350m: 5:07.91	44.09		
100m: 1:22.97	43.59	200m: 2:53.95	300m: 4:23.82	45.35	400m: 5:50.42	42.51	
6. İnci AKSOY	10	Tswim Spor Kulübü	5:50.53 306	1:18.06	1:31.71	1:33.98	1:26.78
50m:		150m:	250m:	350m:			
100m: 1:18.06		200m: 2:49.77	300m: 4:23.75	400m: 5:50.53			
7. Asel TERZ	13	Trabzon Arena Yüzme Kulübü	6:26.20 229	1:29.21	1:39.16	1:40.55	1:37.28
50m: 41.48	41.48	150m: 2:17.93	250m: 3:59.85	350m: 5:38.15	49.23		
100m: 1:29.21	47.73	200m: 3:08.37	300m: 4:48.92	49.07	400m: 6:26.20	48.05	
8. Lina ÖRS	13	Tswim Spor Kulübü	6:30.03 222	1:30.03	1:41.16	1:41.50	1:37.34
50m:		150m:	250m:	350m:			
100m: 1:30.03		200m: 3:11.19	300m: 4:52.69	400m: 6:30.03			
9. Nihal ÇAKIR	13	Tswim Spor Kulübü	6:56.55 182			1:49.84	1:47.23
50m: 41.41	41.41	150m: 2:24.82	250m: 4:14.47	350m: 6:05.93	56.61		
100m:		200m: 3:19.48	300m: 5:09.32	54.99	400m: 6:56.55	50.62	