

10+ YA BARAJ GEÇME MÜSABAKASI  
TRABZON, 2. - 3.5.2026

Yarı 1  
2.05.2026 - 9:30

Bayanlar, 400m Karı ık

Açık  
Sonuçlar

Puanlar: AQUA 2025

Sıra	YB	ZamãDerece	100m	200m	300m	400m	
1. Zeynep KÜÇÜK	14	Tswim Spor Kulübü	<b>5:59.64</b> 397	1:17.97	1:32.02	1:48.54	1:21.11
50m: 36.07	36.07	150m: 3:44.38	54.39	350m: 5:19.63	41.10		
100m: 1:17.97	41.90	200m: 2:49.99	54.15	400m: 5:59.64	40.01		
2. Ya mur Deren B R NC	13	Trabzon İhtisas Spor Kulübü	<b>6:04.58</b> 381	1:24.57	1:35.30	1:43.01	1:21.70
50m: 48.39	48.39	150m: 3:52.65	52.78	350m: 5:24.82	41.94		
100m: 1:24.57	46.91	200m: 2:59.87	50.23	400m: 6:04.58	39.76		
3. Defne YILMAZ	14	Tokat Gaziosmanpa a Yüzme Spor Kulübü	<b>6:10.57</b> 363	1:27.41	1:36.27	1:43.96	1:22.93
50m: 40.17	40.17	150m: 3:55.17	51.49	350m: 5:29.96	42.32		
100m: 1:27.41	47.24	200m: 3:03.68	52.47	400m: 6:10.57	40.61		
4. Ya mur ÇABUK	13	Trabzon İhtisas Spor Kulübü	<b>6:15.73</b> 348	1:26.08	1:36.77	1:46.09	1:26.79
50m: 48.94	48.94	150m: 4:03.08	52.78	350m: 5:24.82	41.94		
100m: 1:26.08	46.91	200m: 3:02.85	50.23	400m: 6:04.58	39.76		
5. Gül Melek KAPLAN	14	Tswim Spor Kulübü	<b>6:17.43</b> 343	1:22.97	1:39.19	1:51.05	1:24.22
50m: 45.17	45.17	150m: 4:03.08	52.78	350m: 5:24.82	41.94		
100m: 1:22.97	46.91	200m: 3:02.16	50.23	400m: 6:04.58	39.76		
6. Miray DEVEC	15	Trabzon İhtisas Spor Kulübü	<b>6:21.13</b> 333	1:30.71	1:41.80	1:42.29	1:26.33
50m: 41.55	41.55	150m: 4:03.08	50.57	350m: 5:39.96	45.16		
100m: 1:30.71	49.16	200m: 3:12.51	51.72	400m: 6:21.13	41.17		
7. Adasu VAM N	15	Trabzon İhtisas Spor Kulübü	<b>6:27.77</b> 316	1:29.27	1:41.44	1:53.54	1:23.52
50m: 41.24	41.24	150m: 4:06.96	56.25	350m: 5:47.23	42.98		
100m: 1:29.27	48.03	200m: 3:10.71	57.29	400m: 6:27.77	40.54		
8. Mina ÖKSÜZ	14	Trabzon Ye ilova Spor Kulübü	<b>6:42.63</b> 283	1:32.80	1:42.42	1:52.95	1:34.46
50m: 41.72	41.72	150m: 4:11.16	55.94	350m: 5:57.55	49.38		
100m: 1:32.80	51.08	200m: 3:15.22	57.01	400m: 6:42.63	45.08		
9. Almıla BEKTA O LU	14	Trabzon Do a Spor Kulübü	<b>6:53.41</b> 261	1:39.84	1:45.01	1:58.81	1:29.75
50m: 45.27	45.27	150m: 4:25.26	1:00.41	350m: 6:10.62	46.96		
100m: 1:39.84	54.57	200m: 3:24.85	58.40	400m: 6:53.41	42.79		
disk. Era ÇAK N	14	Tokat Gaziosmanpa a Yüzme Spor Kulübü		1:26.54	1:31.06	1:46.52	
<i>SW 8.3 - Serbest atak vuru u yaptı ından. (Zaman: 9:31), kelebek stilinde</i>							
50m: 39.51	39.51	150m: 2:13.35	54.21	350m: 5:25.65	41.53		
100m: 1:26.54	47.03	200m: 2:57.60	52.31	400m:			
disk. Nisa Nur ILYAN	14	Trabzon Büyük ehir Belediye Spor Kulübü		1:22.45	1:35.92	1:51.92	
<i>SW 7.6 - Dönü te dokunma her iki el ayırık ve aynı anda yapılmadı ından. (Zaman: 9:34), kurba alama dönü ü tek elle yaptı ından</i>							
50m: 37.49	37.49	150m: 2:11.09	55.17	350m: 5:31.18	40.89		
100m: 1:22.45	44.96	200m: 2:58.37	56.75	400m:			
disk. Zeynep Miray D LSAN	15	Tswim Spor Kulübü		1:42.33	1:38.90	1:57.42	
<i>SW 7.6 - Dönü te dokunma her iki el ayırık ve aynı anda yapılmadı ından. (Zaman: 9:34), kurba alama dönü ü tek elle yaptı ından</i>							
50m: 47.03	47.03	150m: 2:34.21	59.62	350m: 6:03.87	45.22		
100m: 1:42.33	55.30	200m: 3:21.23	57.80	400m:			