

10+ YA BARAJ GEÇME MÜSABAKASI
TRABZON, 2. - 3.5.2026

Event 9
2.05.2026 - 12:01

Women, 400m Freestyle

Open
Results

Points: AQUA 2025

Rank	YB	Time	Pts	100m	200m	300m	400m		
1.	Yagmur Deren B R NC	13	Trabzon İhtisas Spor Kulubu	5:11.64	430	1:13.83	1:20.77	1:21.32	1:15.72
	50m: 35.09	35.09	150m: 1:54.16	40.33	250m: 3:15.51	40.91	350m: 4:36.11	40.19	
	100m: 1:13.83	38.74	200m: 2:34.60	40.44	300m: 3:55.92	40.41	400m: 5:11.64	35.53	
2.	Basak Su DULEK	11	Erzincan Gençlik Spor Kulübü	5:12.10	428	1:13.74	1:19.02	1:20.50	1:18.84
	50m: 35.56	35.56	150m: 1:53.28	39.54	250m: 3:13.04	40.28	350m: 4:34.14	40.88	
	100m: 1:13.74	38.18	200m: 2:32.76	39.48	300m: 3:53.26	40.22	400m: 5:12.10	37.96	
3.	Defne Y LMAZ	14	Tokat Gaziosmanpaşa Yüzme Spor Kulübü	5:17.67	406	1:16.81	1:22.03	1:21.50	1:17.33
	50m: 36.79	36.79	150m: 1:57.74	40.93	250m: 3:19.33	40.49	350m: 4:40.44	40.10	
	100m: 1:16.81	40.02	200m: 2:38.84	41.10	300m: 4:00.34	41.01	400m: 5:17.67	37.23	
4.	Era ÇAK N	14	Tokat Gaziosmanpaşa Yüzme Spor Kulübü	5:18.00	405	1:16.99	1:21.55	1:21.69	1:17.77
	50m: 36.72	36.72	150m: 1:57.83	40.84	250m: 3:19.59	41.05	350m: 4:40.49	40.26	
	100m: 1:16.99	40.27	200m: 2:38.54	40.71	300m: 4:00.23	40.64	400m: 5:18.00	37.51	
5.	Eylül UYGUR	14	Tswim Spor Kulubu	5:25.83	376	1:15.90	1:22.88	1:24.35	1:22.70
	50m: 36.29	36.29	150m: 1:57.93	42.03	250m: 3:21.42	42.64	350m: 4:46.02	42.89	
	100m: 1:15.90	39.61	200m: 2:38.78	40.85	300m: 4:03.13	41.71	400m: 5:25.83	39.81	
6.	Gül Melek KAPLAN	14	Tswim Spor Kulubu	5:27.70	370	1:16.17	1:23.91	1:24.27	1:23.35
	50m: 36.29	36.29	150m: 1:57.93	42.03	250m: 3:21.42	42.64	350m: 4:46.02	42.89	
	100m: 1:16.17	39.41	200m: 2:40.08	41.57	300m: 4:04.35	41.71	400m: 5:27.70	39.81	
7.	E. RAMAZANOĞLU	14	Tokat Gaziosmanpaşa Yüzme Spor Kulübü	5:27.82	370	1:18.12	1:22.94	1:23.96	1:22.80
	50m: 37.62	37.62	150m: 1:59.96	41.84	250m: 3:23.60	42.54	350m: 4:47.23	42.21	
	100m: 1:18.12	40.50	200m: 2:41.06	41.10	300m: 4:05.02	41.42	400m: 5:27.82	40.59	
8.	Esra Elvin Y LMAZ	12	Trabzon Yeşilova Spor Kulübü	5:28.20	368	1:15.71	1:22.68	1:25.36	1:24.45
	50m: 36.30	36.30	150m: 1:56.82	41.11	250m: 3:21.08	42.69	350m: 4:46.52	42.77	
	100m: 1:15.71	39.41	200m: 2:38.39	41.57	300m: 4:03.75	42.67	400m: 5:28.20	41.68	
9.	Adasü VAM N	15	Trabzon İhtisas Spor Kulübü	5:30.14	362	1:17.19	1:25.02	1:25.57	1:22.36
	50m: 36.77	36.77	150m: 1:59.95	42.76	250m: 3:25.38	43.17	350m: 4:49.92	42.14	
	100m: 1:17.19	40.42	200m: 2:42.21	42.26	300m: 4:07.78	42.40	400m: 5:30.14	40.22	
10.	Serra HAC SAL HOĞLU	15	Trabzon Yeşilova Spor Kulübü	5:32.69	354	1:17.02	1:25.05	1:26.47	1:24.15
	50m: 36.49	36.49	150m: 1:59.91	42.89	250m: 3:25.56	43.49	350m: 4:51.77	43.23	
	100m: 1:17.02	40.53	200m: 2:42.07	42.16	300m: 4:08.54	42.98	400m: 5:32.69	40.92	
11.	Asel TERZ	13	Trabzon Arena Spor Kulübü	5:43.49	321	1:18.59	1:27.44	1:29.85	1:27.61
	50m: 37.18	37.18	150m: 2:02.53	43.94	250m: 3:31.37	45.34	350m: 5:00.73	44.85	
	100m: 1:18.59	41.41	200m: 2:46.03	43.50	300m: 4:15.88	44.51	400m: 5:43.49	42.76	
12.	Defne Sare KOLTUK	15	Trabzon Arena Spor Kulübü	5:53.18	296	1:24.28	1:31.08	1:30.90	1:26.92
	50m: 38.84	38.84	150m: 2:10.63	46.35	250m: 3:41.40	46.04	350m: 5:10.26	44.00	
	100m: 1:24.28	45.44	200m: 2:55.36	44.73	300m: 4:26.26	44.86	400m: 5:53.18	42.92	
13.	Belinay AKSOY	14	Trabzon İhtisas Spor Kulübü	5:59.70	280	1:23.21	1:32.68	1:32.62	1:31.19
	50m: 38.86	38.86	150m: 2:10.48	47.27	250m: 3:42.78	46.89	350m: 5:16.09	47.58	
	100m: 1:23.21	44.35	200m: 2:55.89	45.41	300m: 4:28.51	45.73	400m: 5:59.70	43.61	
14.	Beril Su BUYUKBAS	13	Trabzon İhtisas Spor Kulübü	6:02.01	274	1:21.55	1:33.97	1:36.06	1:30.43
	50m: 37.85	37.85	150m: 2:08.60	47.05	250m: 3:43.72	48.20	350m: 5:19.46	47.88	
	100m: 1:21.55	43.70	200m: 2:55.52	46.92	300m: 4:31.58	47.86	400m: 6:02.01	42.55	
15.	Su K RANOĞLU	15	Trabzon İhtisas Spor Kulübü	6:02.59	273	1:23.33	1:32.47	1:36.11	1:30.68
	50m: 38.82	38.82	150m: 2:09.13	45.80	250m: 3:43.82	48.02	350m: 5:19.31	47.40	
	100m: 1:23.33	44.51	200m: 2:55.80	46.67	300m: 4:31.91	48.09	400m: 6:02.59	43.28	
16.	Mina ÇAK R	15	Karayolları Spor Kulübü	6:05.90	266	1:28.43	1:34.85	1:34.99	1:27.63
	50m: 41.68	41.68	150m: 2:16.11	47.68	250m: 3:50.74	47.46	350m: 5:24.16	45.89	
	100m: 1:28.43	46.75	200m: 3:03.28	47.17	300m: 4:38.27	47.53	400m: 6:05.90	41.74	
17.	Elif Hande ARAS	14	Trabzon Ortahisar Belediye	6:17.59	242	1:26.18	1:37.85	1:40.58	1:32.98
	50m: 40.09	40.09	150m: 2:15.32	49.14	250m: 3:55.11	51.08	350m: 5:33.80	49.19	
	100m: 1:26.18	46.09	200m: 3:04.03	48.71	300m: 4:44.61	49.50	400m: 6:17.59	43.79	
18.	Kelebek AKÇAY	15	Trabzon Doga Spor Kulübü	6:22.24	233	1:32.84	1:39.47	1:38.79	1:31.14
	50m: 43.04	43.04	150m: 2:22.30	49.46	250m: 4:02.14	49.83	350m: 5:38.59	47.49	
	100m: 1:32.84	49.80	200m: 3:12.31	50.01	300m: 4:51.10	48.96	400m: 6:22.24	43.65	
19.	Doga SAFFAK	15	Coachaktan	6:29.61	220	1:31.52	1:38.99	1:40.07	1:39.03
	50m: 43.09	43.09	150m: 2:20.95	49.43	250m: 4:00.39	49.88	350m: 5:41.84	51.26	
	100m: 1:31.52	48.43	200m: 3:10.51	49.56	300m: 4:50.58	50.19	400m: 6:29.61	47.77	

10+ YA BARAJ GEÇME MÜSABAKASI
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Event 9, Women, 400m Freestyle, Open

Rank	YB	Time	Pts	100m	200m	300m	400m		
20.	Ela ALTUN S K	15	Trabzon Yesilova Spor Kulübü	6:33.76	213	1:30.94	1:40.39	1:42.92	1:39.51
	50m: 44.04	44.04	150m: 2:21.34	50.40	250m: 4:02.87	51.54	350m: 5:45.96	51.71	
	100m: 1:30.94	46.90	200m: 3:11.33	49.99	300m: 4:54.25	51.38	400m: 6:33.76	47.80	
21.	Ravza SENTURK	15	Trabzon İhtisas Spor Kulübü	6:42.19	200	1:33.47	1:43.61	1:44.31	1:40.80
	50m:		150m:		250m:		350m:		
	100m: 1:33.47		200m: 3:17.08		300m: 5:01.39		400m: 6:42.19		
22.	Esmanur DEM R	14	Trabzon Yakamoz Spor Kulübü	6:44.36	197	1:32.80	1:43.17	1:44.53	1:43.86
	50m: 42.94	42.94	150m: 2:24.12	51.32	250m: 4:08.54	52.57	350m: 5:53.58	53.08	
	100m: 1:32.80	49.86	200m: 3:15.97	51.85	300m: 5:00.50	51.96	400m: 6:44.36	50.78	
23.	Beren OZBAYRAK	15	Trabzon Ortahisar Belediye	7:14.38	159	1:37.44	1:52.03	1:51.29	1:53.62
	50m: 43.84	43.84	150m: 2:33.85	56.41	250m: 4:25.63	56.16	350m: 6:19.09	58.33	
	100m: 1:37.44	53.60	200m: 3:29.47	55.62	300m: 5:20.76	55.13	400m: 7:14.38	55.29	
24.	Cansu KUCUK	15	Trabzon Yakamoz Spor Kulübü	7:22.78	150	1:45.38	1:54.71	1:53.75	1:48.94
	50m: 49.62	49.62	150m: 2:43.70	58.32	250m: 4:37.33	57.24	350m: 6:30.21	56.37	
	100m: 1:45.38	55.76	200m: 3:40.09	56.39	300m: 5:33.84	56.51	400m: 7:22.78	52.57	